

# ***ALX Sunday Night Baseball***

**Week of January 15th**

**ALX Dugout Club**    [www.baseballalx.com](http://www.baseballalx.com)

**Dalton Martinez - [dalton.martinez@dcssga.org](mailto:dalton.martinez@dcssga.org)**

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Cougar Families,

CONGRATULATIONS.

SO EXCITED TO HAVE YOU APART OF THIS PROGRAM.

I hope all of the guys loved their gear.

One more item coming, and then one surprise on March 17th for the seniors.

We are going to set up an Amazon account for us to provide small snacks and little things for the suite. I do not at all mind if they snack throughout practice in our down times.

STC: Subject to Change



# 2023 JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						<sup>1</sup> X
<sup>2</sup> X	<sup>3</sup> X	<sup>4</sup> COND <del>X</del> NING	<sup>5</sup> X	<sup>6</sup> COND <del>X</del> NING	<sup>7</sup> X	<sup>8</sup> X
<sup>9</sup> Tri <del>X</del> uts	<sup>10</sup> Tri <del>X</del> uts	<sup>11</sup> Pr <del>X</del> ice	<sup>12</sup> Practice Parent / Player IN Q 6:00-7:15 PM <del>X</del>	<sup>13</sup> Pr <del>X</del> ice	<sup>14</sup> Pr <del>X</del> ice	<sup>15</sup> X
<sup>16</sup> Practice	<sup>17</sup> Practice	<sup>18</sup> OFF	<sup>19</sup> Practice	<sup>20</sup> Practice	<sup>21</sup> Practice	<sup>22</sup>
<sup>23</sup> Practice	<sup>24</sup> Practice	<sup>25</sup> OFF	<sup>26</sup> Practice	<sup>27</sup> Practice	<sup>28</sup> Practice	<sup>29</sup>
<sup>30</sup> OFF	<sup>31</sup> Practice					

## NOTE

Morning lift is only for individuals who DO NOT have a weight training class this semester.

# WEEKLY: JAN 16-20

MONDAY	<ul style="list-style-type: none"><li>• <b>MLK Day</b></li><li>• <b>10:00-12:00</b><ul style="list-style-type: none"><li>◦ Lunch</li></ul></li><li>• <b>12:30-1:30</b></li></ul>
TUESDAY	<ul style="list-style-type: none"><li>• <b>Rain early morning</b></li><li>• <b>Offensive and Video Day - Suite/Cages</b></li><li>• <b>Pitchers Throw/Flat ground</b></li><li>• <b>3:45-5:45</b></li></ul>
WEDNESDAY	<ul style="list-style-type: none"><li>• <b>STUDY DAY - PLAYERS ARE OFF</b></li><li>• All about grades. If players slip, they will spend the Wednesday from 3:45-4:45 with coach. At-Risk</li><li>• Parent/Player Meeting</li></ul>
THURSDAY	<ul style="list-style-type: none"><li>• <b>Practice/All depends on rain and field condition</b></li><li>• </li><li>• <b>Parent Meet and Greet</b></li></ul>
FRIDAY	<ul style="list-style-type: none"><li>• <b>Practice</b></li><li>• <b>3:45-5:45/6:00</b></li><li>• </li></ul>
SATURDAY	<ul style="list-style-type: none"><li>• <b>10:00-1:00</b></li><li>• <b>9:55 AM Stretch</b></li></ul>
SUNDAY	<ul style="list-style-type: none"><li>• <b>OFF</b></li></ul>





# REMINDERS

## SPONSORSHIPS:

*GOAL IS FOR EACH PLAYER TO SECURE 3-4 TO HELP PAY  
FOR PLAYER FEES.*

*SEE SPONSORSHIP PAGE FOR NEWS.*  
*UPDATED SPREADSHEET WILL BE SENT.*

**2023 PLAYER FEES: \$800**

*NO TIERS - PLAYER FEES COVER EVERYTHING  
EACH PLAYER IN ORGANIZATION GETS THE SAME*

*PLAYERS RECIEVED: 2 GAME PANTS, SHORTS, 2 SHIRTS, 1  
SWEATSHIRTS, 1 BP TOP, NEW HELMET, BACKPACK, SOCK, BELT*

*HOPE THEY ENJOYED THEIR GEAR!! WE HAVE 1 MORE THING ON THE  
WAY FOR THEM*



[www.baseballalx.com](http://www.baseballalx.com)





# SPONSORSHIPS

## Sponsorships Open

Player Sponsorships forms

AHS\_2022-203\_Ad\_Sign\_Brochure.pdf ([baseballalx.com](http://baseballalx.com))

ALX\_Sponsorship\_Opp.pdf ([baseballalx.com](http://baseballalx.com))

- Ad Log linked to email.
- Auxiliary sponsorships on page 2 of Ad log.

**GOAL IS FOR EACH PLAYER TO SECURE 3-4 SPONSORS**

**50% OF THE PLAYERS SPONSORS WILL GO TOWARDS  
PLAYER FEES**

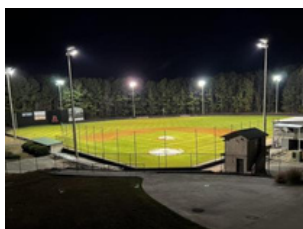
**45% OF THE AUXILIARY SPONSORSHIPS WILL GO  
TOWARDS PLAYER FEES**



[www.baseballalx.com](http://www.baseballalx.com)



## SUPPORT ALEXANDER HIGH SCHOOL BASEBALL



24" X 24" Sign posted  
on Grand Slam Sponsor  
Wall!

- Organization announced  
during home games!
- Listed on Alexander  
Baseball Website!

[www.alexandercougar.com](http://www.alexandercougar.com)

[www.baseballalx.com](http://www.baseballalx.com)

\$325 for First Time Sponsors  
\$300 for Renewals

Questions or Concerns Contact

Coach Dalton Martinez  
Email: [Dalton.Martinez@dcssga.org](mailto:Dalton.Martinez@dcssga.org)

Complete back of form and return to player

### 2022-2023 SPONSORSHIP COMMITMENT FORM:

**Sponsorship Levels: New Sponsor: \$325.00 Renewal Sponsor: \$300.00**  
(Please circle one)

Company Name: \_\_\_\_\_

Company Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fax Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Website Address: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Alexander Player & Date: \_\_\_\_\_

Please make check payable to *Alexander Dugout Club* and mail the check & commitment form to:  
*Alexander High Baseball, Coach Dalton Martinez, 6500 Alexander Parkway, Douglasville, GA 30135*

***AHS\_2022-203\_Ad\_Sign\_Brochure.pdf (baseballalx.com)***

Alexander



COUGARS Baseball

Dugout Club

6500 Alexander Parkway  
Douglasville, GA



Alexander High School Cougars  
**2023 Varsity Baseball Schedule**



Day(s)	Date	Opponent	Site	Time
Friday	2/10	East Coweta	AWAY	5:30
Monday	2/13	East Coweta	HOME	5:00
Friday	# 2/17	Savannah Christian	LP #9	6:30
Saturday	# 2/18	North Cobb	LP #9	3:00
Saturday	# 2/18	Blessed Trinity	LP #9	5:30
Friday	# 2/24	Collins Hill	LP #10	6:30
Saturday	# 2/25	Harrison	LP # 10	3:00
Saturday	# 2/25	Cherokee	LP # 10	5:30
Tuesday	2/28	Adairsville	HOME	5:30
Saturday*	3/4*	North Paulding*	HOME	1:30/4:00
Monday	3/6	South Forsyth	AWAY	6:15
Wednesday	3/8	Douglas County	AWAY	5:55
Friday	3/10	Douglas County	HOME	5:55
Monday	3/13	South Paulding	AWAY	5:55
Wednesday	3/15	South Paulding	HOME	5:55
Friday	% 3/17	Hughes	HOME	5:55
Monday	3/20	Hughes	AWAY	5:55
Wednesday	3/22	Paulding County	HOME	5:55
Friday	3/24	Paulding County	AWAY	5:55
Monday	3/27	East Paulding	AWAY	5:55
Wednesday	3/29	East Paulding	HOME	5:55
Wednesday	4/5	Cartersville	AWAY	4:00
Thursday	* 4/6	Redan	NEUTRAL	1:00
Friday	* 4/7	Cedartown	NEUTRAL	4:00
Friday	* 4/7	Woodland	NEUTRAL	7:00
Tuesday	4/11	New Manchester	HOME	5:55
Wednesday	4/12	New Manchester	AWAY	5:55
Friday	4/14	Newnan	AWAY	5:55
Monday	4/17	Newnan	HOME	5:55

**Head Coach**

Dalton Martinez

**Assistant Coaches**

Jason Crook

**Principal**

Dr. Christopher Small

**Athletic Director**

Lora McAdams

**Assistant Coaches**

Rico Billups

Cale Foster

Luis Lowe

Alexander

Dugout Club



COUGARS Baseball

6500 Alexander Parkway  
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Alexander High School Cougars

**2023 JV Baseball Schedule**

**North Division**

<b>Day(s)</b>	<b>Date</b>	<b>Opponent</b>	<b>Site</b>	<b>Time</b>
TBD	<del>TBD</del>	(Innersquad)	TBD	<del>TBD</del>
Saturday	2/11	Calhoun	HOME	1:00
Saturday	2/11	Calhoun	HOME	3:30
Tuesday	2/14/22	South Paulding	HOME	5:30
Thursday	2/16/22	South Paulding	AWAY	5:30
Tuesday	2/21	Haralson	HOME	5:30
Thursday	2/23	Haralson	AWAY	5:30
Tuesday	3/7	Villa Rica	AWAY	5:55
Thursday	3/9	Villa Rica	HOME	5:55
Saturday	3/11	Buford	AWAY	12:00
Saturday	3/11	Buford	AWAY	2:30
Tuesday	3/14/22	Carrollton	AWAY	5:30
Thursday	3/16/22	Carrollton	HOME	5:30
TBD	3/20/22	Bremen	HOME	5:30
TBD	3/22/22	Bremen	AWAY	5:30
TBD	3/25/22	Fellowship Christian	HOME	11:00
Playoff***				
TBD	3/27-4/1	TBD	<del>TBD</del>	<del>TBD</del>
TBD	3/27-4/1	TBD	<del>TBD</del>	<del>TBD</del>
TBD	3/27-4/1	TBD	<del>TBD</del>	<del>TBD</del>

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Dan Ligon

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# Alexander



# COUGARS Baseball

## Dugout Club

6500 Alexander Parkway  
Douglasville, GA

### GDC Tournament Week 1 (2/17-2/18, 2023)

Joe Lattanzi Division	Julian Mock Division	E.E. "Red" Whitsett Division	Jim Luck Division	Bud Theodocian Division	Rob English Division	Harvey Cochran Division	Harry Lloyd Division
Blessed Trinity North Cobb Alexander Savannah Christian	Locust Grove Campbell Forsyth Central Cherokee	Emanuel County Inst. Greater Atl. Christian East Paulding Starr's Mill	McIntosh Walton Archer Cambridge	Union Grove Sequoyah St. Pius X Tattnall Square Academy	Effingham County North Cobb Christian Pope Norcross	Allatoona Dunwoody Walnut Grove St. Francis	Kennesaw Mountain Creekview Seckinger Troup County

### Week One Schedule

Friday	Field 9	Field 10	Field 11	Field 12
4:00	Blessed Trinity	North Cobb	Campbell	Cherokee
6:30	Alexander	Savannah Christian	Forsyth Central	Locust Grove
				East Paulding
				Greater Atl. Christian
				Cambridge
				Walton
				Archer
Saturday	Field 9	Field 10	Field 11	Field 12
10:00	Savannah Christian	North Cobb	Locust Grove	Campbell
12:30	Savannah Christian	Blessed Trinity	Locust Grove	Cherokee
3:00	North Cobb	Alexander	Campbell	Forsyth Central
5:30	Blessed Trinity	Alexander	Cherokee	Forsyth Central
				Greater Atl. Christian
				Starr's Mill
				Archer
				Cambridge
Friday	Field 13	Field 14	Field 15	Field 16
4:00	Sequoyah	St. Pius X	North Cobb Christian	Pope
6:30	Union Grove	Tattnall Square	Effingham County	Norcross
				Allatoona
				St. Francis
				Kennesaw Mtn
				Seckinger
				Creekview
Saturday	Field 13	Field 14	Field 15	Field 16
10:00	Tattnall Square	Sequoyah	Effingham County	North Cobb Christian
12:30	Tattnall Square	St. Pius X	Effingham County	Pope
3:00	Sequoyah	Union Grove	North Cobb Christian	Norcross
5:30	St. Pius X	Union Grove	Pope	Norcross
				Dunwoody
				St. Francis
				Kennesaw Mtn
				Creekview

### GDC Tournament Week 2 (2/24 - 2/25, 2023)

Joe Lattanzi Division	Julian Mock Division	E.E. "Red" Whitsett Division	Jim Luck Division	John Devore Division	Rob English Division	Harvey Cochran Division	Harry Lloyd Division
Wayne County Etowah South Forsyth Loganville	Alexander Collins Hill Cherokee Harrison	Newnan North Paulding West Forsyth Jackson County	East Paulding Walton North Forsyth Cedartown	Campbell Tattnall Square Denmark McEachern	George Walton Academy Sprayberry Northgate Elbert County	Allatoona Marietta Coffee Woodland - Henry	Benedictine Military Dawson County Chapel Hill Oglethorpe County

### Week Two Schedule

Friday	Field 9	Field 10	Field 11	Field 12
4:00	South Forsyth	Etowah	Cherokee	Harrison
6:30	Wayne County	Loganville	Alexander	Collins Hill
				North Forsyth
				Cedartown
				Newnan
				Jackson County
				North Paulding
				West Forsyth
Saturday	Field 9	Field 10	Field 11	Field 12
10:00	Wayne County	Etowah	Collins Hill	Harrison
12:30	Wayne County	South Forsyth	Collins Hill	Cherokee
3:00	Etowah	Loganville	Harrison	Alexander
5:30	South Forsyth	Loganville	Cherokee	Alexander
				Walton
				Cedartown
				West Forsyth
				Newnan
Friday	Field 13	Field 14	Field 15	Field 16
4:00	Campbell	Denmark	Sprayberry	Northgate
6:30	Tattnall Square	McEachern	Elbert County	George Walton Academy
				Coffee
				Woodland - Henry
				Benedictine Military
				Dawson County
				Oglethorpe County
Saturday	Field 13	Field 14	Field 15	Field 16
10:00	Denmark	Tattnall Square	George Walton Academy	Sprayberry
12:30	Campbell	Tattnall Square	George Walton Academy	Northgate
3:00	Denmark	McEachern	Sprayberry	Elbert County
5:30	McEachern	Campbell	Northgate	Elbert County
				Woodland - Henry
				Marietta
				Oglethorpe County
				Dawson County

Alexander

Dugout Club



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2023

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 3:45 - 6:15 JV/V	31 3:45 - 6:15 JV/V	01 Study Hall/Cage Time 3:45-4:45/ 4:45-5:45	02 3:45 - 6:15 JV/V	03 3:45 - 6:15 JV/V	04 9:00 AM - 11:00 AM V 11:00 AM - 12:00 PM JV	05 OFF
06 3:45 - 6:15 JV/V	07 Scrimmage @ HOME against BREMEN	08 Study Hall/Cage Time 3:45-4:45/ 4:45-5:45	09 3:45: - 5:00 PM V 5:00 PM - 6:45:00 PM JV	10 V - AT East Coweta	11 JV home opening day against Calhoun	12 V- Afternoon Practice
13 Opening Day at home Varsity	14 HOME - JV South Paudling	15 TBD	16 AWAY - JV South Paudling	17 Lake point Tournament	18 Lake point Tournament	19 OFF
20 JV - Practice afternoon - Varsity (TBD)	21 HOME JV - Haralson - Varsity Practice (TBD)	22 V/JV - Practice	23 AWAY- JV Haralson - Varsity Practice	24 Lake point Tournament	25 Lake point Tournament	26 OFF
27 JV/V Practice	28 V - HOME - Adairsville	01	02	03	04	05
06	07 AWAY - JV Villa Rica	Notes: Opening day - JV and Varsity. We will have a home scrimmage against Bremen. JV will have a innersquad against themselves as scrimmage. Will be played like a game. Saturdays and Tuesdays are generally going to be game. Times may vary as we get into the year.				

Alexander

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2023

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	01	02	03	04 HOME - V/ North Paulding	05
06 AWAY - V South Forsyth	07 JV AT - Villa Rica	08 AWAY - V Douglas County	09 HOME JV - Villa Rica	10 HOME - V Douglas County	11 JV - AT FR Buford	12
13 AWAY - V South Paulding	14 JV AT - Carrollton	15 HOME - V South Paulding	16 JV HOME - Carrollton	17 HOME - Hughes	18	19
20 Both JV/V Play	21	22 Both JV/V Play	23	24 AWAY - Paulding County	25 HOME - JV Fellowship Christian	26
27 AWAY - East Paulding	28	29 HOME - East Paulding	30 OFF	31 OFF	01	02

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2023

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	31	01 OFF	02 OFF
03 OFF	04 Practice 4:00 PM -7:00	05 AWAY - Catersville	06 AWAY	07 AWAY	08	09
10	11 HOME - New Man	12 AWAY- New Man	13	14 AWAY - Newnan	15	16
17 HOME - Newnan	18	19	20	21	22	23
24	25	26	27	28	29	30
01	02	Notes: Goal: Host Playoffs				